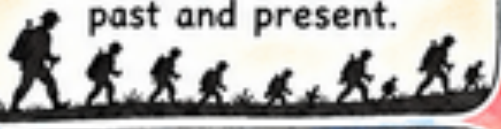
Remembrance Day 2026

Remembrance Day

A guide for families

What is Remembrance Day?

Remembrance Day is a special day when we remember and say "thank you" to all the men and women who have served in the Armed Forces, past and present.



When is it?



The Two Minute Silence



At 11 o'clock on 11th November, we pause for two minutes of silence to remember and show our respect.

Why do we remember?

- ✓ To honour those who have lost their lives.
- ✓ To say thank you for their courage and service.
- ✓ To recognise the sacrifices made to keep our country safe and free.



Ways to remember at home



Make a poppy together (e.g. a craft, painting or collage).



Read a story or watch a short film about Remembrance Day.



Take part in the two minute silence at 11 o'clock on 11th November.



Visit a local war memorial or take time to look at one in your area.



Talk about what it means to be brave, and why it's important to remember.